

Arc helps vulnerable adults and young people to manage their mental health by exploring what it means to live well and experience a creative journey to increased resilience, confidence and independence.



## Collage Silhouettes

## What you'll need



- Scissors
- Glue stick or PVA
- Paper or card any size or colour
- Collageable material from magazines, wrapping paper, comics, books or printouts

This collage activity is from participant Carl, who loves films, comics and all things superheroic!

For this activity you will use subject-related material to create a collage of the item the silhouette represents, e.g., a Tomato Ketchup bottle silhouette from ripped or cut out pictures of tomatoes or Batman comic strips ripped and collaged to create the shape of Batman! See Page 2 for full instructions.

### Top Tips / Take it Further

- ✿ You could add text or a symbol relating to the idea
- ✿ You could use fabrics or different colours or textures of paper
- ✿ Why not make cards or collage wrapping paper for small gifts?
- ✿ You could use pictures of friends and family with a meaningful silhouette to create a personal and memorable piece of art or gift

### Inspiration

- ✿ [theartyteacher.com /collage-artists](http://theartyteacher.com/collage-artists)
- ✿ [deborahshapiroart.com](http://deborahshapiroart.com)



CLICK HERE



# Collage Silhouettes

## Step-by-step



First, decide on your silhouette - what do you like? What has a recognisable shape? Be creative or think outside the box! Find it, draw it or print it, but don't cut it out yet.



Now find in magazines, comics or print out pictures relating to the silhouette and rip them up into pieces.



Next, arrange the collage paper on the back of the silhouette so it covers over the lines, glue the pieces down and let dry if necessary.



Finally, turn over and cut out the silhouette!



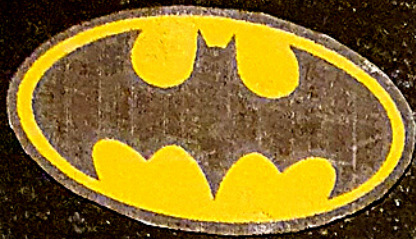
What will you do with it next? You could stick it on a background or perhaps make a hanging mobile?



Check out Carl's walkthrough!







Do not  
print!

