

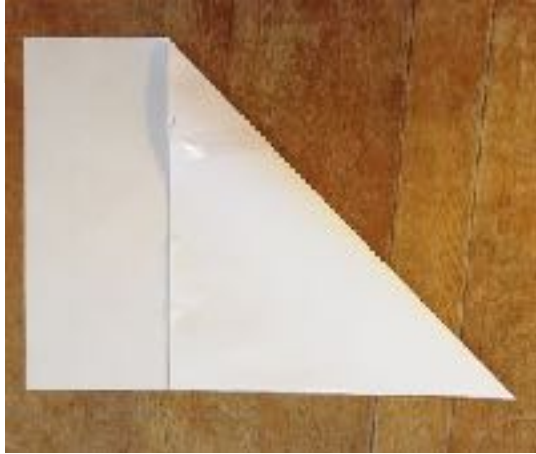
Kitchen Table Mandala - Step by Step Guide

by Sharon Campbell

You do not have to follow these steps exactly, art is all about experimenting. Perceived mistakes are happy accidents that will lead to new adventures in creating.

1. Using A3 paper or two A4 pieces taped together, make a square, divided into pizza slice segments.

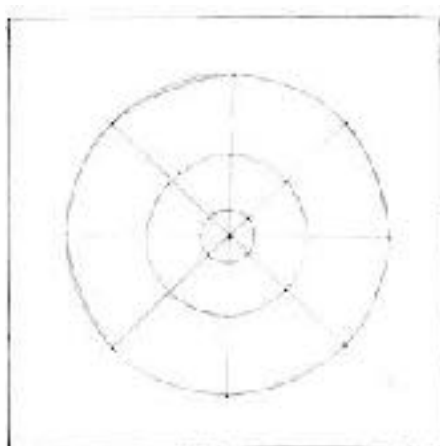
Fold paper to form a square, by folding as picture shows and draw a line down the ridge of the paper to create a square to draw your mandala into.



Keep folding the paper into triangles, this will give you a **centre point**, and creates lines radiating out from the centre like a 'sliced up pizza', which can act as a guide when drawing the patterns.



Alternatively you can use a ruler and compass to mark the lines



2. These are the house hold items I have found to use in my mandala. You may have lots of interesting things you have never thought of drawing around.



3. I have started with the inner circles, you can also put all the circles in now if you wish. I used a Vaseline tin and sticky tape as a template for the circles.

I found a square lid to a plastic tub with clip edges, this made for an interesting shape.



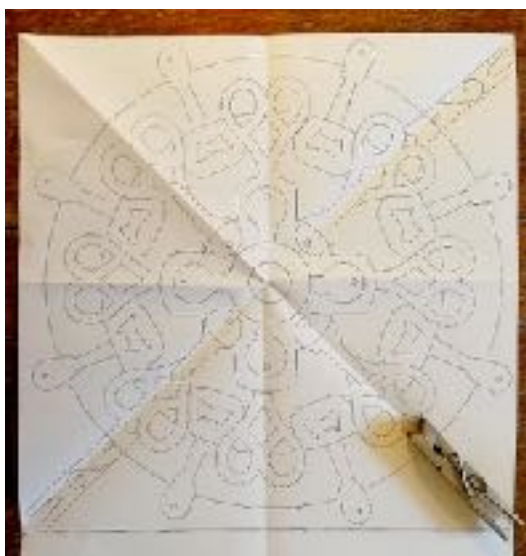
4. I have used a Key next and am drawing it so it radiates out from the centre point.



5. Next I added a pattern using scissors and another circle using a side plate.



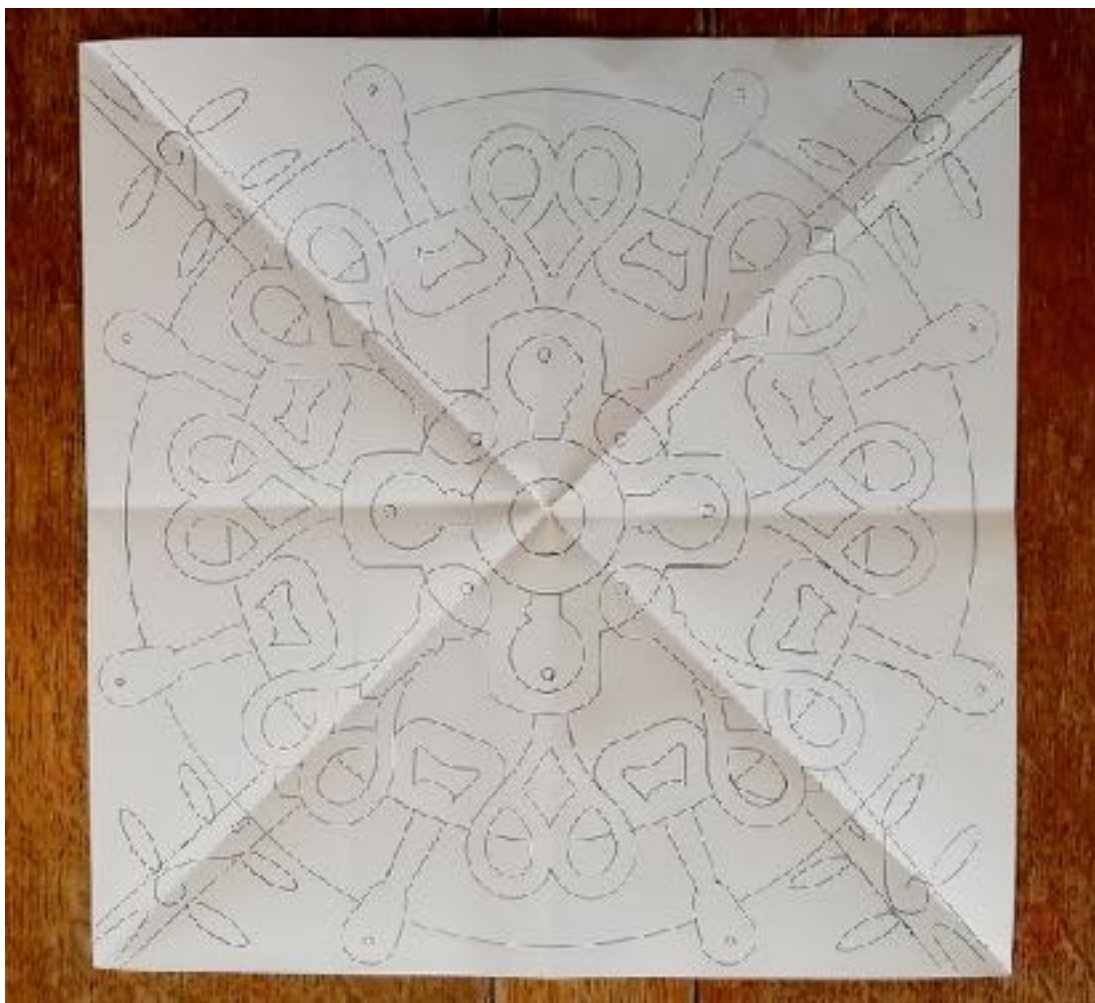
6. The mandala only needs to go as big as you would like, or that fits within the paper. I added a bottle opener, an odd key I found, and a peg, finished off with another circle and a few petals made with the spatula.



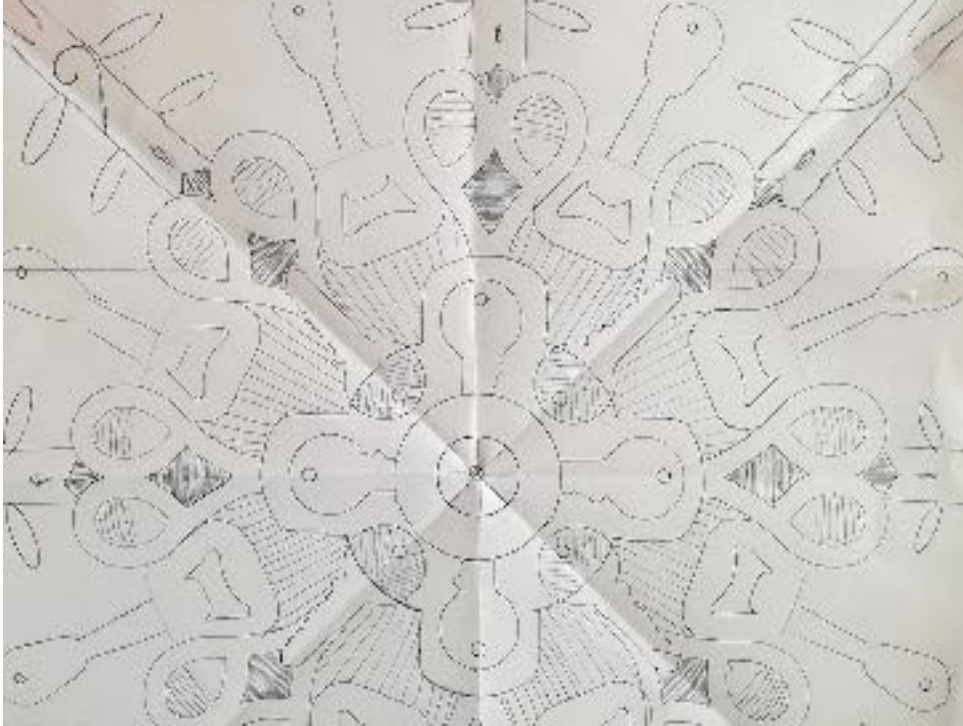


Here is the finished Mandala made using the found objects from my house, well mostly the kitchen.

Do have fun trying this at home. I used a black ball point pen so I didn't have to use an eraser. Remember you are allowed to change the rules, and there are no mistakes just happy adventures in art.



Once you have finished, try shading parts using lines in different directions. The effect can be rather dramatic and interesting.



If you have colouring pens or felt-tips, try colouring in, with the added challenge of only using 3 or 5 colours, this will give a feeling of unity to your mandala.

Hope you have fun creating. Remember there is no right or wrong, just having a go and see what happens.